

# Philadelphia Transgender Resource Guide



updated 2012



Dear Community Members,

We are pleased to bring you the Philadelphia Transgender Resource Guide, a publication of Mazzoni Center's Trans\* Health Program. We strive to locate transfriendly and affirming services for our clients and we hope that this collection of resources will be useful for you on your journeys.

We welcome feedback on this guide and hope that as you come across providers who are friendly and accessible that you will share that information with us so we can add it to this community guide. This is a dynamic document, always being amended and changed. Please also let us know if you find out of date information so that we can correct it as needed.

Looking forward to continued service to our community, we hope that you will contact us if you don't see the information that you need here. We are more than happy to speak with you about your needs and we will strive to assist you in locating services and resources that meet your needs. Similarly, if you have questions about Mazzoni's Transgender Health Program, please feel free to be in touch.

Sincerely,

Mazzoni Center Family & Community Medicine

Contact Information:

Mazzoni Center's Trans\* Health Program 809 Locust Street Philadelphia, PA 19107 215.563.0658 x320 www.mazzonicenter.org transcare@mazzonicenter.org





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# Local Agencies & Services

# AIDS Services in Asian Communities (ASIAC)

Provides culturally sensitive and language appropriate HIV-related services to Asians and Pacific Islanders and their partners, friends, family members, and service providers in the Philadelphia area.

1711 S Broad St, Philadelphia, PA 19148

215.629.2300

www.asiac.org

### **Attic Youth Center**

The Attic Youth Center creates opportunities for LGBTQQ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and supportive community. Offers free counseling and groups. Program calendar available online: <u>http://www.atticyouthcenter.org/calendar.html</u>

255 South 16th St, Philadelphia, PA 19102

215.545.4331

www.atticyouthcenter.org

#### **Bodies Like Ours**

Provides awareness, education, and peer support for individuals born with intersex conditions.

827 Spring Garden St, Easton, PA 18042

610.258.7466

www.bodieslikeours.org/forums

#### COLOURS,Inc.

Support and education for and within LGBT communities of color

112 North Broad St, 3d Floor, Philadelphia, PA 19102

215.496.0330

www.coloursorganization.org



# Local Agencies & Services

# Gay & Lesbian Latino AIDS Education Initiative (GALAEI)

Provides health and quality of life services for Philadelphia's Latin@ LGBT communities. The Midnight Cowboy Project at GALAEI seeks to provide harm reduction information to sex workers and other atrisk populations throughout Philadelphia.

1207 Chestnut St, 5th Fl, Philadelphia, PA 19107

215.851.1822

www.galaei.org

#### Hearts on a Wire of the Institute for Community Justice, Project of Philadelphia FIGHT

Hearts on a Wire is a Philadelphia-based trans and gender variant prisoner justice collective. We build community with incarcerated trans and gender variant (T/GV) people across Pennsylvania through networking, letter writing and art. Hours: meetings on Thursdays 4-6pm

21 S 12th St, 7th Fl, Philadelphia, PA 19107

215.525.0460

www.community-justice.org/events

### Mazzoni Center

Provides comprehensive health and wellness services for youth and adults; services include primary medical care, mental health counseling, substance abuse services, HIV counseling and testing, support groups, case management, legal, health education, and outreach.

21 S. 12th St, 8th Fl, Philadelphia, PA 19107 (Main Office)

809 Locust St, Philadelphia, PA 19107 (Primary Medical Care)

215.563.0652 (main) 215.563.0658 (medical)

transcare@mazzonicenter.org

www.mazzonicenter.org

#### **REACH (Recovery Empowerment And Community Health)**

Provides peer supports around health issues specifically related to drugs and alcohol.

21 S. 12th St, 8th Fl, Philadelphia, PA 19107

215.563.0652 ext 245

jedwards@mazzonicenter.org

www.mazzonicenter.org/programs/counseling



Local Agencies & Services

# TransHealth Information Project (TIP)

Designed by and for transpeople, TIP provides outreach, counseling, and groups that promote safer sex, HIV prevention, skills-building, and health education and advocacy to transgender people in and around Philadelphia.

21 S. 12th St, 10th Fl, Philadelphia, PA 19107

215.568.2221

www.facebook.com/tip.transhealth or www.tipphilly.org

# William Way LGBT Community Center

The William Way Community Center seeks to encourage, support, and advocate for the well-being and acceptance of sexual and gender minorities through services, recreational, educational, and cultural programming.

1315 Spruce St, Philadelphia, PA 19107

215.732.2220

info@waygay.org

www.waygay.org



# Hotlines & Helplines

# AIDS Hotline

Information and referrals to local HIV/AIDS resources 1.800.342.AIDS

# CHOICE

Sexual and reproductive heath care hotline for Philadelphia and surrounding counties. 215.985.3300 or 1.800.848.3367 (outside Philadelphia) 215.985.3350 (Spanish)

# **Covenant House Hotline**

National hotline for homeless and runaway youth - provides crisis counseling and referrals 1.800.999.9999

# Mazzoni Center Legal Services

LGBT legal assistance 1.866.LGBT.LAW (1.866.542.8529)

# Philadelphia Domestic Violence Hotline

24/7 hotline for survivors of domestic violence/intimate partner violence. 1.866.SAFE.014 (1.866.723.3014)

# Philadelphia Bully Hotline

LGBTQI violence, harassment and discrimination hotline for events occurring in the school system. 215.400.SAFE (7233)

# Philadelphia Lesbian & Gay Task Force

LGBTQI violence, harassment, and discrimination hotline.

215.772.2000 or toll free in PA 1.877.PRIDE.2000



# Hotlines & Helplines

### **Project HOME - Homeless Outreach Hotline**

Access to homelessness services

215.232.1984

#### Suicide and Crisis Hotline (Office of Mental Health)

24/7 suicide and crisis prevention hotline for Philadelphia. Can connect callers with the closest Crisis Response Center.

215.686.4420

### Transgender Health Action Coalition (T-HAC)

Philadelphia's peer based trans-health advocacy organization. Runs a staffed hotline Monday, Wednesday and Thursday 6-9PM and Sunday from 3-6 PM

215.732.1207

#### **Trevor Project**

24/7 suicide and crisis prevention helpline for LGBTQQ youth

1.866.4U.TREVOR (1.866.488.7386)

#### **Uniform Access**

Central intake hotline for HIV positive individuals to get more information about medical care and support, as well as to get get connected with HIV medical case management.

215.985.2437 or 1.800.985.2437

### Women Organized Against Rape (WOAR)

24 hour sexual assault hotline. Offers support, referrals for ongoing counseling, medical accompaniment, information about reporting sexual assault. Staff and volunteers have received training about transgender issues.

215.985.3333 or 866.723.3014



# Health Primary Medical Care

### **Jefferson Family Medicine**

Provides sensitive and compassionate primary healthcare to all LGBTQI communities. Most insurance accepted.

833 Chestnut St, Suite 301, Philadelphia, PA 19107

215.955.7190

#### Katherine Margo, MD

Family medicine clinician, experienced working with transgender and LGBT individuals.

University of Pennsylvania - 51 N 39th St, 7th Fl, Philadelphia, PA 19104

215.662.8777

### Mazzoni Center Family and Community Medicine

LGBT family medicine and primary care practice, including a transgender health program. Accepts insurance, also sees uninsured individuals on a sliding scale fee assessment. Transgender Health team includes medical clinicians, social workers, and case managers. Hormone assessments are completed using an informed consent model.

Adolescent Drop-In: Wednesdays from 5-7PM, for youth ages 14-24; Community Health Nights: Third Friday of every month 6PM-8PM, for adults over 25; Walk in medical appointments, case management, HIV counseling and testing. No insurance needed. Free food, tokens, hygiene kits, safer sex kits.

809 Locust St, Philadelphia, PA 19107

215.563.0658

transcare@mazzonicenter.org

www.mazzonicenter.org

#### Melanie (Mo) Santiago, PA-C

Experience with hormone replacement therapy and transgender primary care. Accepts many types of insurance.

5458 Ridge Ave, Philadelphia, PA 19128

215.487.1887

MO@drpedano.com



# Health Medical Specialists

# Benjamin Gocial, MD

Endocrinologist and surgeon who has worked with transmen. Also performs hysterectomies. 1015 Chestnut St, Suite 1500, Philadelphia, PA 19107 215.922.1556 rmaphiladelphia.com

# Michael Levin, DO

Nephrologist Metropolitan Nephrology Associates, 4453 Castor Ave Ste B, Philadelphia, PA 19124 215.744.2266

# Erin O/Malley-Tysko, MD

*Cardiologist* Cardiology Consultants, 525 Jamestown St, Philadelphia, PA 19128 610.658.8689

# Pelvic and Sexual Health Institute

207 N. Broad St, 4th Fl, Philadelphia, PA 19102 215.863.8100 www.pelvicandsexualhealthinstitute.org

# Philadelphia Urology Associates, P.C.

1216 Arch St, Suite 3B, Philadelphia, PA 19107 215.563.1199

# **Pine Street Dermatology**

1233 Locust St, Philadelphia, PA 19107 215.735.2636 www.pinestreetdermatology.com



# Health Medical Specialists

# **Robert Wortman, OD**

Optometry services

1420 Walnut, St, Suite 600, Philadelphia, PA 19102

215.735.6300



# Health Local Surgeons

# Sherman Leis, DO

Surgical and non-surgical treatments for transgender individuals. Non-surgical services include voice training, electrolysis and laser hair removal.

Philadelphia Center for Transgender Surgery, 19 Montgomery Ave, Bala Cynwyd, PA 19004

610.667.1888

drshermanleis@drshermanleis.com

www.thetransgendercenter.com

### **Christine McGinn, DO**

Performs gender confirmation and cosmetic surgical procedures. Also offers electrolysis, hormone therapy, counseling services, voice therapy, fertility services and nutrition services.

18 Village Row, Suite 43, Logan Square, Lower York Rd, New Hope, PA 18938

215.693.1199

www.drchristinemcginn.com

### Kathy Rumer, DO

Delaware Valley Aesthetics, 19 Montgomery Ave, Bala Cynwyd, PA 19004

215.808.9268

drkathyrumer@drkathyrumer.com



Health Dentists

Joseph T. Abate, DMD 1320 West Ritner St, Philadelphia, PA 19148 215.389.3876 joseph.abate@att.net

The Catholic Worker 1826 E. Lehigh Ave, Philadelphia, PA 19125 215.423.0222 www.catholicworker.org

Ken Cirka, DMD 1601 Walnut St, Suite 1302, Philadelphia, PA 19102 215.568.6222 info@phillydentistry.com www.phillydentistry.com

### Henry Lazarus, MDM

4603 Springfield Ave, Philadelphia, PA 19143 215.382.5126 <u>hlazar@verizon.net</u> <u>www.henrylazarus.com</u>

# University of Pennsylvania Dental Clinic

240 South 40th St, Philadelphia, PA 19104 215.898.8965 www.dental.upenn.edu/patients/index.html

### Craig Wakefield, DDS

255 S 17th St, Suite 2306, Philadelphia, PA 19103 215.732.8080 www.drcraigwakefield.com



# Health Fertility Services

# Fairfax Cryobank

Sperm banking and storage, experience working with transgender individuals 3401 Market St, Suite 205, Philadelphia, PA 19104 215.386.1977 phillycryo@yahoo.com www.fairfaxcryobank.com

# **MAZE Labs**

Semen cryobanking facility. Cost varies by duration of banking contract. 1117 Route 46 East, Suite 301 Clifton, NJ 07013 973.472.0600 www.mazelabs.com

# **Reproductive Science Institute**

Semen banking, see website for all locations. 945 Chesterbrook Blvd., Chesterbrook, PA 19087 610.964.9663 <u>rsidoc@aol.com</u> <u>www.rsiinfertility.com</u>



### Michele Angello, Ph.D

Interests include working with gender variant youth and adults, as well as children of transitioning parents. Offers individual, group, and family therapy. Also facilitates support groups for transgender adults, youth, and parents.

987 Old Eagle School Rd, Suite 719, Wayne, PA 19087

610.917.8561

michele@micheleangello.com

www.micheleangello.com

#### Attic Youth Center

For LGBTQQ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and supportive community. Offers free counseling and groups.

255 South 16th St, Philadelphia, PA 19102

215.545.4331

www.atticyouthcenter.org

### Elizabeth Byrne, MA, NCC, LPC

Experience with transgender clients and families of trans people. Does not accept insurance, uses a sliding scale fee. Provides empowering client centered therapy.

1209 Locust St, Philadelphia, PA 19107

267.235.3186

elizabethabyrne@yahoo.com

### Emily R. Chernicoff, Psy.D

Specializes in providing psychological services to FTM and MTF people who are considering embarking on, or who are in transition.

One Bala Ave, Suite 216, Bala Cynwyd, PA 19004

610.915.8552

www.dremilychernicoff.com



# Marla Cobin, Ph.D, LCSW

*Clinical sexologist and social worker who works from a strengths-based and empowering approach.* 100 W Evergreen Ave, Philadelphia, PA 19118 610.304.9886 www.drmarlacobin.com

# Damon M. Constantinides, PhD, LSW

Psychotherapy fro adults and adolescents. individual therapy and couples counseling. Specializes in working with transgender, queer, gay, lesbian, and bisexual clients. Free 30 minute first appointment.

607.592.2173

www.therapistdamon.com

# Jeffrey Darcy, MSS, LCSW

Philadelphia, PA 215.703.7573 jdfarcy@alumni.brown.edu

# Tina Di Santo, LCSW

Interests aside from gender identity include depression, anxiety, and addictions. Accepts some insurance.

255 South 17th Street, Suite 1601, Philadelphia, PA 19103

215.262.4270

tina.disanto1@yahoo.com

# Laura Geftman, MSS, LSW

1315 Spruce St, Philadelphia, PA 19107

484.469.0554

www.LauraGeftman.com

LauraGeftman@gmail.com



# Alison Gerig, LCSW

Experience working with transgender individuals and those who may be exploring their gender identity. Sliding scale available.

255 South 17th St, Suite 1601, Philadelphia, PA 19103

267.257.6657

www.alisongerig.com

### Joe Ippolito, Psy. D, LCSW

Transman identified. Experience working with transgender, lesbian, bisexual and gay people. Most public and commercial insurance plans accepted.

245 S 16th St, Philadelphia, PA 19107

267.974.4259

joeippoloto@comcast.net

### Jennifer Jones, LCSW

255 S 17th St, Suite 2902, Philadelphia, PA 19103

267.970.8334

# Tonya Ladipo, LCSW

Individual and couples psychotherapy. African-American therapist specializing in serving the African-American community.

255 S. 17th St, Suite 1106, Philadelphia, PA 19103

215.645.7177

www.tonyaladipo.com

### Alexis Lake, MSS, LSW

I use an eclectic style of therapy, believing that every person and their situation is unique.

717.575.3757

alaketherapy@gmail.com

www.alaketherapy.com



# Nancy Maguire, Psy.D

Conducts individual, group, and couples therapy. Also has expertise in trauma work. 215.487.2185 www.anintegrallife.org

# Open Door Counseling & Behavioral Health Program, Mazzoni Center

Individual, family, couples, group counseling. Sliding scale 21 South 12th Street, 8th Fl, Philadelphia, PA 19107 215.562.0652 (ext. 248 for intake) www.mazzonicenter.org/programs/counseling

# Maureen Osborne, Ph.D

Provides individual and family therapy, as well as a monthly MtF support group 412 E. King St, Malvern, PA 19355 610.647.8730 DocOsbo@gmail.com

# Melanie Rychok, LCSW

1315 Spruce St, Philadelphia, PA 19107 267.603.3101 <u>Melanie.therapy@gmail.com</u>

# Jessie Timmons, LSW

Specializes in working with individuals who are struggling with substance use, anxiety and/or depression. Also works with couples experiencing discord in their relationships. Sliding scale fee rate available.

1218 Chestnut St, Suite 407, Philadelphia, PA 19107

610.256.8885



#### Elizabeth Weisman, LSW

Has expertise in the following areas: women's issues, LGBTQ issues, recovery from trauma in childhood/adulthood, depression, anxiety, recovery from addictions, chronic and severe mental illness, and working with artists. She has a particular interest in mind-body health/awareness.

1601 Walnut St, Suite 806, Philadelphia, PA 19102

267.202.4386

### Women's Therapy Center

Area of specialization include: LGBT, gender identity life transitions, stress reduction, anxiety and depression. Sees all self-identified women. Sliding scale available.

1315 Walnut St, Suite 1517, Philadelphia, PA 19107

215.567.1111

www.womenstherapycenter.org

#### Alison Wortman, MSW, LCSW

Experience working with individuals across the gender spectrum and at every stage of transition, offers support around gender identity exploration and acceptance. Extensive experience with hormone replacement therapy and referral services. Sliding scale offered to trans-identified clients or individuals who are focusing on gender identity exploration.

1315 Spruce St, Philadelphia, PA 19107

215.756.7035 or 215.995.1174

alisonwortman@gmail.com



Health *Psychiatrists* 

# **Deborah Bernstein, MD**

Meds only; specializes in complicated medical issues, treatment resistant or refractory diagnostic concerns, and neuropsychiatric problems.

210 W. Rittenhouse Square, Suite 210, Philadelphia, PA 19103

215.732.3485

215.790.0313

# **David Censits, MD**

1616 Walnut St, Suite 312, Philadelphia, PA 19103 215.399.4939

### Jeffrey Naser, MD

1137 Lancaster Ave, Berwyn, PA 19312 610.647.3959 www.jeffreynasermd.com



# Health Support Groups

# **Evolutions**

Meets every Thursday from 6:00PM to 7:30PM. Process support group for MTFs, FTMs and anyone else identifying on the gender spectrum. Group is free.

Mazzoni Center Open Door Counseling, 21 S 12th St, 8th Fl, Philadelphia, PA 19107 215.563.0652 ext 281

# **PFLAG** Philadelphia

PFLAG's T-NET group focuses on transgender issues. Call for times. PO 15711, Philadelphia, PA 19107 215.572.1833 pflagphila@yahoo.com www.pflagphila.org

### **Renaissance Transgender Association, Inc**

www.ren.org

Greater Philadelphia Renaissance: 987 Old Eagle School Road, Ste 719, Wayne, PA 19087 wwgpc@ren.org

Lehigh Valley Renaissance: PO Box 157, Trexlertown, PA 18087 www.lvrenaissance.org/

Renaissance of Southeastern PA

www.renaissancesep.org

### Sister's United

A group by and for transwomen to come together in a relaxed, fun, and safe environment. Meets Tuesdays from 5:30 to 7:00 PM

112 N. Broad St, 11th FI, Philadelphia PA 19102

215.496.0330

Info@coloursorganization.org



# Health Support Groups

### TMAN

Every other Monday (7:30 - 9:30PM). A support group for transmen of color. 1201 Locust St, 2nd Fl, Philadelphia, PA 19107 215.834.9063 www.tmanphilly.com

# Transgender Health Action Coalition (T-HAC)

Philly's peer-based trans health advocacy organization. Runs a staffed hotline Saturdays (3-6PM) and Mondays, Wednesdays, and Thursdays (6-9PM). Voice mail is available all other times.

1201 Locust St, 2nd Fl, Philadelphia, PA 19107

215.732.1207

www.critpath.org/thac

# Transway

A weekly drop-in social group for any trans\* identified person. Meets Thursdays from 7-9PM 1315 Spruce St, Philadelphia, PA 19107 215.732.2220 www.waygay.org

# **TS Angels**

Monthly support group for transsexual women. A brief screening process is required before participating in the group. Meets the third Saturday of each month from 6-8PM. \$50 per session

987 Old Eagle School Rd, Suite 719, Wayne, PA 19087

484.893.0985

# We Transition Too

For partners of those in transition. Meets from 2-4PM the first Saturday of the month. Call to confirm before attending.

1201 Locust St, Philadelphia, PA 19107

215.732.1207



# Health Support Groups

#### WeXist

Philly based trans\* support group that meets from 2-4PM on the 1st and 3rd Sunday of every month.

1315 Spruce St, Philadelphia, PA 19107

215.732.2220

### Young, Trans & Unified

Meets Thursdays from 7:15 - 8:30PM. Open to transgender, gender non-conforming, and gender questioning youth ages 13-23

255 South 16th St, Philadelphia, PA 19102

215.545-4331

www.atticyouthcenter.org



# Wellness Alternative Therapies & Gyms

### **Kimberly Fleischer, RMT**

Professional reiki sessions, discounts for students. Also offers classes. The Reiki School and Clinic, 525 S 4th St, Suite 248, Philadelphia, PA 19147 215.238.0659 <u>reiki@thereikischool.com</u> www.thereikischool.com

# Molly Kellogg, RD, LCSW

Nutrition services by a registered dietician and licensed nutritionist. 100 East Sedgewick St, Philadelphia, PA 19119 215.843.8258 molly@mollykellogg.com www.mollykellogg.com

# Philadelphia Community Acupuncture

Provides acupuncture in a comfortable group setting. Sliding scale rates from \$15 - \$35. Online scheduling available.

West Philadelphia: 701 S. 50th St, Philadelphia, PA 19143

215.729.2995

Mt. Airy: 538 Carpenter Lane, Philadelphia, PA 19119 215.844.2774 www.phillyacupuncture.com

### 12th St Gym

Trans-friendly locker room policies. Gym serves the LGBTQ community in Philadelphia. Check website or call for hours and membership rates.

204 S 12th St, Philadelphia, PA 19107

215.985.4092

www.12streetgym.com



# Wellness *Hair Removal*

# Department of Dermatology at UPenn

Laser hair removal services. Very supportive of the trans and intersex communities 3400 Civic Center Blvd, Suite 1-330S, Philadelphia, PA 19104 1.800.789.PENN (7366) www.pennhealth.com/dermatology/hup/services.html

# Mazzoni Center Family and Community Medicine

Laser hair removal procedures performed by medical personnel. Discount packages available. 809 Locust St, Philadelphia, PA 19107 215.563.0652 www.mazzonicenter.org

### **Savarese Salon**

Family owned business, long history of working with transgender individuals. Provides electrolysis services.

1315 Walnut St, Suite 717, Philadelphia, PA 19107

215.735.8144

### Hair removal also offered through:

Dr. Christine McGinn

- Dr. Sherman Leis
  - \* see their contact information under Surgeons



# Wellness *Voice Therapy*

# Penn Center for Voice at Pennsylvania Hospital

Treatment includes voice therapy and phonosurgery, including thyroplasty. 1.800.789.7399 www.pennmedicine.org/ent/services/voice/about.html

# Temple Speech-Language-Hearing Center

Clients of all ages with any type of voice disorder are seen in this clinic for evaluation and treatment. 110 Weiss Hall, 13th and Cecil B. Moore Ave, Philadelphia, PA 19122 215.204.7543 http://www.temple.edu/chpsw/departments/commsci/CSD\_TUSLHC.htm

# Voice therapy services also offered through:

- Dr. Christine McGinn
- Dr. Sherman Leis
  - \* see their contact information under Surgeons



# <u>Shelter</u>

At this time, homeless services are heavily gender segregated. Philadelphia does, however, have the Fair Practices Ordinance, which mandates that individuals accessing shelter services have the right to be housed in a facility with the gender that they identify as. Ultimately, you are your own best advocate in this process and the providers listed below can help you navigate the system. We have included the following agencies, which have demonstrated LGBTQ competence:

# 24-Hour Homeless Outreach Hotline:

215.232.1984 877.222.1984

# Project H.O.M.E

Office hours: Monday - Friday 8AM-4PM 1515 Fairmont Ave, Philadelphia, PA 19130 215.232.7272

# Office of Supportive Housing (OSH)

1430 Cherry St, Philadelphia, PA 19107 215.686.7150

# Our Brother's Place (A program of Bethesda Project)

Services to men, however many transwomen have reported that this facility is safe and that they have received good services through this program.

907 Hamilton St, Philadelphia, PA 19123

215.236.7020



### Showers/Address/Clothing

# Youth Health Empowerment Project (Y-HEP)

Y-HEP services young people ages 13-24 years old. Individuals can shower in a single use bathroom and do laundry on-site.

112 N. Broad St, 9th Fl, Philadelphia, PA 19101

215.564.6388

### Philadelphia Committee to End Homelessness

Commonly referred to as "802," this site offers showers, change of clothing, telephone access and individuals can register to use this as their mailing address. Telephone, peer counseling, and mailing address services are open between the hours of 7AM-2:30PM Monday through Friday. Shower and clothing services are restricted only to male identified individuals between the hours of 6:30AM-9:30AM Monday-Friday.

802 N. Broad St, Philadelphia, PA 19130

215.232.2300



# Community Resources Legal & Advocacy

# Kristine Holt, Esq

Areas of practice include: family law, name change, personal bankruptcy, civil rights, discrimination, and employment law.

1211 Vine St, Ste 107, Philadelphia, PA 19107 339 Rte 73 North, Ste 11A, Berlin, NJ 08009 215.545.7789 (PA) or 856.599.5555 (NJ) www.holtesg.com

# Jerner & Palmer, P.C.

Expertise includes name change, family law, and reproductive technology law.

5401 Wissahickon Ave, Philadelphia, PA 19144

215.843.6000

www.jplaw.com

### Mazzoni Center Legal Services

Legal assistance for PA's LGBT community. Some areas of practice include: name change, hate crimes, family rights, and workplace rights.

21 S. 12th St, 12th Fl, Philadelphia, PA 19107

215.563.0657 or 1.866.LGBT.LAW

legalservices@mazzonicenter.org

www.mazzonicenter.org/programs/legal-services

### William Singer, Esq

2230 Route 206, Belle Mead, NJ 08502 908.359.7873 <u>Wsinger@singerfedun.com</u> www.singerfedun.com/Bill\_Singer.htm



# Community Resources Faith & Spirituality

# **Central Baptist Church**

Welcoming and affirming congregation in American Baptist tradition. Rainbow Alliance mission group that explores gender diversity within a theological and biblical framework. LGBT affirming and inclusive.

106 West Lancaster Ave, Wayne, PA 19087

610.688.0664

www.cbcwayne.org

# **Congregation Beth Ahavah**

Affiliated with the Union for Reform Judaism. Serves greater Philadelphia and Delaware Valley's LGBT Jewish community. Welcoming to those of all sexual orientation and gender identities.

615 N. Broad St., Philadelphia, PA 19123

215.923.2003

www.bethahavah.org

### **Dignity Philadelphia**

A caring, supportive community of LGBT Catholic, along with family, friends, and allies. Liturgy each Sunday at 7PM.

330 S. 13th St, Philadelphia, PA 19107

215.546.2093

DignityPhila@aol.com

www.dignityphila.org

### **First Unitarian Church**

An intentionally diverse UU congregation, welcoming and affirming. 2125 Chestnut St, Philadelphia, PA 19103 215.563.3980 www.philauu.org



# Metropolitan Community Church of Philadelphia

LGBT inclusive congregation that seeks to help congregants nurture love in themselves, grow spiritually in Christ, and engage in sharing hope with LGBT communities and beyond. Service at 1PM.

3637 Chestnut St, Philadelphia, PA 19104

215.294.2020

www.mccphiladelphia.com

### Mishkan Shalom

Mishkan Shalom is a spiritual, progressive, and inclusive Reconstructionist Synagogue located in Philadelphia.

4101 Freeland Ave, Philadelphia, PA 19128

215.508.0226

www.mishkan.org

# **Tabernacle United Church**

A More Light and Open and Affirming Congregation that encourages the full participation of LGBT people in the body of Christ. Worship is Sundays at 10AM

3700 Chestnut St, Philadelphia, PA 19104

215.386.4100

www.tabunited.org

For additional listings of local LGB and trans-affirming religious and spiritual communities, please see the UPenn LGBT resources Center's listing at: <a href="https://www.vpul.upenn.edu/lgbtc/religion.php">www.vpul.upenn.edu/lgbtc/religion.php</a>



# Community Resources *Bookstores & Libraries*

# Giovanni's Room

Local LGBT bookstore. Staff is knowledgeable about transgender issues and the store has gender neutral bathrooms. Books not found in-store can be ordered.

345 S. 12th St, Philadelphia, PA 19107 215.923.2960 www.giovannisroom.com

# Joseph Fox Bookshop

Local independent bookstore. Can search trans related titles online 1724 Sansom St, Philadelphia, PA 19103 215.563.4184 www.foxbookshop.com

# LGBT Archives @ William Way

Usage is by appointment only and they prefer that you email, rather than phoning to leave a message. 1315 Spruce St, Philadelphia, PA 19107 215.732.2220 archives@waygay.org

# LGBT Center Library @ UPenn

The Center maintains a large collection of books, videos, DVDs, and periodicals written for and about sexual and gender minorities. You do not have to be a student to use this resource. Call to confirm hours. 3907 Spruce St, Philadelphia, PA 19104

215.898.5044

www.vpul.upenn.edu/lgbtc/library

### Wooden Shoe Books

Anarchist and radical literature. Can special order books if requested.

704 South St, Philadelphia, PA 19147

215.413.0999

www.woodenshoebooks.org



# Community Resources *Clothing & Accessories*

# **American Eagle Outfitters**

Large mens x-small selection online www.ae.com

# **Buffalo Exchange**

Second-hand and vintage clothes, shoes, hats, bags, jewelry. Gender neutral fitting rooms. 1713 Chestnut St, Philadelphia, PA 19103 215.557.9850 www.buffaloexchange.com

# **Classic Plus Size Jewelry**

Online store that specializes in larger-sized fine jewelry. Call for information, help with sizes or selection.

215.547.9300 www.classicplussizejewelry.com

# **Greene Street Consignment**

Second-hand and vintage clothes, shoes, hats, bags, jewelry. Gender neutral fitting rooms. 700 South St, Philadelphia, PA 19147 215.733.9261 www.greenestreetconsignment.com

H&M 1725 Walnut St, Philadelphia, PA 215.563.2221 www.hm.com

J. Crew Large mens x-small selection online www.jcrew.com



# Community Resources *Clothing & Accessories*

# **M.A.C.** Cosmetics

Can make an appointment for a private consultation/application session. 1427 Walnut St, Philadelphia PA 215.568.2282

# **Old Navy**

Non-gendered fitting rooms. Clothes in many sizes. 1851 S Columbus Blvd, Philadelphia, PA or 1001 Market St, Philadelphia PA 215.465.8363 or 215.413.7012 www.oldnavy.com

# **Passional Boutique**

Selection of corsets, costumes, kilts and fashions sizes XS-8XL. Online selection of prosthetics. 704 S. 5th St, Philadelphia, PA 19147 215.829.4986 www.passionalboutique.com

Topman 478 Broadway New York, NY 10013 212.966.9555 us.topman.com



# Community Resources Chest Binders

### **Big Brother Binder Program**

Low cost new or gently used binders to low income, homeless, and/or struggling transmen/FTMs/ intersex men. Also accepts donations of binders if you no longer need yours.

www.thetransitionalmale.com/BBUB

#### Les Love Boat

Online store with new binders.

www.lesloveboat.com

### **T-Kingdom**

Offering chest binders to the tomboy and FTM community since 1999. Many models and sizes available.

www.t-kingdom.com

#### Underworks

Popular company through which to order binders for FTMs.

www.underworks.com/ftm



# Community Resources Body Modification

# **Body Graphics**

Shares many artists with No Ka Oi Tiki Tattoo 627 S. 4th St, Philadelphia, PA 19147 215.923.5834 www.bodygraphics.com

# **Infinite Body Piercing**

Trans-friendly and experienced. Can drop in for a consult, jewelry or piercing, Visit website or call for policies, questions, prices, or hours.

626 S 4th St, Philadelphia, PA 19147 215.923.7335 www.infinitebody.com

# No Ka Oi Tiki Tattoo & Piercing

*Trans-friendly and experienced.* 610 S 4th St, Philadelphia, PA 19147 267.925.1766 www.nokaoitikitattoo.com

# Moo Tattoo

513 South St, Philadelphia, PA 19147 215.521.1490 www.mootattoo.com





Hotlines:

### **CHOICE Hotline**

CHOICE counselors provide education, counseling, and referrals about sexual and reproduction health issues. Monday-Thursday 8:30AM - 7:30PM, Friday 8:30AM - 5PM, Saturday 9AM - 1PM

215.985.3300 or 800.848.3367

215.985.3350 (Spanish)

#### **Covenant House 24 hour Homeless & Runaway Adolescent Crisis Line (Nine Line)**

24 hour, toll free, crisis hotline which provided crisis intervention, referral and information services to adolescents ages 18-22 years.

1.800.999.9999 (English)

1.800.999.9915 (Spanish)

#### **Runaway Youth Hotline**

24 hour, toll free, crisis hotline which provided crisis intervention, referral and information services 1.800.371.7233

Homeless Resources:

# Achieving Independence Center (AIC)

One stop shopping services for youth ages 16-21 years old. AIC offers education, job training, employment and housing referrals and job skills training.

1118 Market St, 2nd Fl, Philadelphia, PA 19107

215.574.9194

#### **Covenant House**

Offers emergency shelter, outreach, education, and vocation assistance, as well as transitional living to runaway and homeless youth ages 18-22 years old.

Crisis Center/Shelter: 31 East Armat St, Philadelphia, PA 19144

215.951.5411



# Youth Resources

### Valley Youth House: Pride Program

Must be 18-20 years old, homeless or near homeless and identify as LGBTQ.

215.925-3180

referral@vyh.org

### **Our Brother's Place**

907 Hamilton St, Philadelphia, PA 215.978.2892

# Youth Emergency Services (YES)

Emergency shelter for homeless and runaway youth ages 12-17.

1526 Fairmount Ave, Philadelphia, PA 19130

215.787.0633

# **Bethesda Project Cafes**

Open from 10PM-6AM during the winter months. First come, first served. Cafes are an overnight sanctuary and individuals can speak with staff for other housing and social service referrals. Call for winter locations.

215.985.1600

info@bethesdaproject.org



Youth Resources

Youth Serving Agencies & Services

### **Attic Youth Center**

The Attic Youth Center creates opportunities for LGBTQQ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and supportive community. All services are free.

255 South 16th St, Philadelphia, PA 19102

215.525.4331

www.atticyouthcenter.org

### **Camden Area Health Education Center (AHEC)**

Serves youth in the Camden, NJ area by offering medical, education, and prevention services. Youth life skills programs are also offered that include exercise and diet, self-esteem and creative thinking programming for youth ages 9-18 years old.

514 Cooper St, Camden, NJ 08102

856.963.2432

www.camden-ahec.org

### COLOURS, Inc.

Provides progressive educational advocacy and support services for LGBT people of color in the greater Philadelphia area.

112 North Broad St, 3 FI, Philadelphia, PA 19102

215.496.0330

www.coloursorganization.org

#### HiTops, Inc

Health center in NJ offering health care, programs, support groups, educational workshops and more. For youth ages 13-26

21 Wiggins St, Princeton, NJ 08540

609.683.5155

www.hitops.org





#### **Juvenile Law Center**

Legal issues for youth. 1315 Walnut St, 4th Fl, Philadelphia, PA 19107 215.625.0551 or toll-free 1.800.875.8887 www.ilc.org

#### Mainline Youth Alliance (MYA)

Mainline Youth Alliance provides LGBTQQ youth ages 15-23 with social, educational, and supportive activities in a confidential, respectful and safe environment.

106 W. Lancaster Ave, Wayne, PA 19087

info@myaonline.org

www.myaonline.org

#### Mazzoni Center Family & Community Medicine

Youth social workers offer case management, resources, and referrals. Also offers adolescent specific drop in hours for doctor's visits. Mental health services, education and vocation referrals also available.

809 Locust St, Philadelphia 19107

215.563.0658

www.mazzonicenter.org

#### **Project STARR**

Strengthening Trans Adolescents in Risk Reduction is a multi session peer-led workshop for young trans women and or questioning MTF spectrum people under the age of 25. STARR includes activities that dress body image, identity, stigma, decision making, and safe transition practices such as negotiating safer sex and hormone use.

21 S. 12th Street, 10 Fl, Philadelphia, PA 19107

215.568.2221

www.tipphilly.org



# Youth Resources

#### **Rainbow Room**

Bucks County LGBTQA Youth Center (14-21). Addresses health and social issues for LGBTQA youth in a positive, empowering and interactive environment. Laundry, showers and computer lab available on site.

610 Louis Dr, Warminister, PA 18974

215.957.7981 X 9065

www.plannedparenthood.org/ppbucks/rainbow-room-28411.htm

#### Youth Health Empowerment Project (YHEP)

Offers free workshops, food, clothes, tokens and much more. YHEP provides outreach, drop-in, HIV prevention, and counseling services.

112 N. Broad St, 9th Fl, Philadelphia, PA 19101

215.564.6388

www.y-hep.org



# Parent Resources

# Parents and Friends of Lesbians and Gays, Transgender Network (PFLAG TNET)

Resources for how to navigate and support your child during the coming out process. Information on local events and supports. Links to trans-supportive organizations. Online brochures and reading materials.

National: www.community.pflag.org/Page.aspx?pid=380

Bucks, Lehigh, Northampton, Monroe and Berks: www.epapflag.org

Philadelphia: www.pflagphila.org

#### **Philadelphia Family Pride**

Resource page for trans youth and their family and friends. Offers advocacy, education and family centered events for parents and their children.

215.600.2864

www.phillyfamilypride.org

### Philadelphia Trans-Health Conference

Free annual conference with many workshops for trans youth, teens, young adults and parents.

www.trans-health.org

### Trans Youth Family Allies (TYFA)

TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.

www.imatyfa.org

#### Transyouth.com (Gender Spectrum)

Gender Spectrum provides education, training and support to help create a gender sensitive and inclusive environment for all children and teens.

www.genderspectrum.org



# **Parent Resources**

# Camp Aranu'tiq

Provide transgender and gender-variant youth with a safe, fun, and unique camp experience during which they are able to express gender however they are comfortable and connect with others in similar situations. For youth ages 8-15.

617.467.5830

www.camparanutiq.org/

#### **Mountain Meadow**

Summer camp for youth ages 9-17 years old who come from lesbian, gay, bisexual, transgender or queer families.

1315 Spruce St, Suite 411, Philadelphia, PA 19107

215.772.1107

www.mountainmeadow.org/

### **Gender Rainbow Playgroup**

For families with child ages 4-12 in Southeast Michigan.

genderplaygroup@gmail.com



# **Recommended Resources**

### **Online Resources**

**TransFamily:** support group for transgendered and transsexual people, their parents, partners, children, other family members, friends, and supportive others. http://www.transfamily.org/

Safe schools Coalition: Why Don't You Tell Them I'm a Boy? http://www.safeschoolscoalition.org/whydontyoutellthem.pdf

Trans Youth Resources and Advocacy http://www.genderadvocates.org/Tyra/TYRAYouth.html

**TransYouth Family Allies:** TYFA empowers children and families by partnering with educators. service providers and communities, to develop supportive environments in which gender may be expressed and respected. http://imatyfa.org/

Trans Youth Resources and Advocacy Support Group: This group is a support and referral source for parents, grandparents and guardians negotiating the journey of raising gender variant and transgender children and youth ages 3-18. http://health.groups.yahoo.com/group/TYFA TALK/

FTMInternational: Serving the Female to Male community http://www.ftmi.org/

International Foundation for Gender Education: online resource directory and bookstore. http://www.ifge.org/

Two Lives Publishing: books for LGBT families, friends, communities and schools. http://twolives.com

Sylvia Rivera Law Project: works to guarantee that all people are free to self-determine their gender identity and expression, regardless of income or race, and without facing harassment, discrimination, or violence. www.srlp.org

Lambda Legal's Bending the Mold: An Action Kit for Transgender Students: This kit is designed to help make schools a safer place. Includes ideas and information to advocate for change, as well as an extensive list of resources.



**Recommended Resources** 

# Recommended Reading (by topic)

#### Female-to-Male

- Cameron, Loren. Body Alchemy: Transsexual Portraits
- Green, Jamison. *Becoming a Visible Man*
- Kailey, Matt. Just Add Hormones
- Kirk, Sheila, M.D. Masculinizing Hormonal Therapy for the Transgendered
- Tremanin, Rose. Sacred Country (Novel)

### **Gender Queer**

- Doctor, Richard F. *Transvestites and Transsexuals: Toward a Theory of Cross-Gender* Behavior
- Feinberg, Leslie. *Stone Butch Blues*
- Nestle, Joan; Howell, Clare; Wilchins, Riki; ed. GenderQueer

#### General

- Amato, Toni, and Mary Davies (Editors). *Pinned down by Pronouns*
- Ashton-Jones, Evelyn, and Gary A. Olson. The Gender Reader
- Bornsteins, Kate. Hello, Cruel World: 101 Alternatives to Suicide for Teens, Freaks, & Other Outlaws
- Brown, Mildred L; Rounsley, Chloe Ann. True Selves
- Colapinto, John. As Nature Made Him: The Boy Who Was Raised as a Girl
- Devor, Holly. Gender Blending: Confronting the Limits of Duality
- Feinberg, Leslie. Trans Liberation
- Feinberg, Leslie. Transgender Warriors
- Lorber, Judith. Paradoxes of Gender
- Moir, Anne, Ph.D. and David Jessel. *Brain Sex: The Real Difference Between Men & Women*
- Nataf, Zachary I. Lesbians Talk TransGender
- Queen, Carol; Schimel, Lawrence; ed. *PoMoSexuals: Challenging Assumptions about Gender and Sexuality*
- Stringer, JoAnn Altman; Roberts, JoAnn, PhD. The Transsexual's Survival Guide to Transition and Beyond: Volume 2 for Family, Friends, and Employers
- Stringer, JoAnn Altman. The Transsexual's Survival Guide to Transition and Beyond
- Stuart, Kim Elizabeth. The Uninvited Dilemma: A Question of Gender

#### Intersex

• Eugenides, Jeffrey. *Middlesex (Novel)* 



# Male-to-Female

- Bohjalian, Chris. Trans-Sister Radio (Novel)
- Bornstein, Kate. Gender Outlaw
- Bornstein, Kate. *My Gender Workbook*
- Boylan, Jennifer Finney. She's Not There
- Kates, Gary. Monsiur d'Eon is a Woman (Novel)
- Nettick, Geri, with Beth Elliot. Mirrors: Portrait of a Lesbian Transsexual

#### Parents of Transgender Children

- Baruch, Dorothy W. One Little Boy: An Extraordinary Book That Explores the Mind of a Troubled Child
- Boenke, Mary. Trans Forming Families: Real Stories About Transgendered Loved Ones
- Brill, Stephanie, and Rachel Pepper. The Transgender Child: A Handbook for Families and Professionals

#### Politics

- Califia, Pat. Sex Changes: The Politics of Transgenderism (1st Edition)
- Califia, Patrick. Sex Changes: Transgender Politics (2nd Edition)
- Currah, Paisley, Richard M. Juang, Shannon Price Minter (Editors). Transgender Rights
- Fausto-Sterling, Anne. Sexing the Body: Gender Politics and the Construction of Sexuality

### Spirituality

• Williams, Walter L. The Spirit and the Flesh: Sexual Diversity in American Indian Culture

### **Transgender Parents**

- Howey, Noelle. Dress Codes
- Johnson, Chris, and Cathy Brown, with Wendy Nelson. The Gender Trap



# National Transgender Conferences

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Conference	Location	Conference Date
First Event	Boston, MA	January
Creating Change	Location changes	February
Colorado Gold Rush	Denver, CO	February
Keystone Conference	Harrisburg, PA	March
Transgender Lives	Farmington, CT	April
The Empire Conference	Albany, NY	April
Transgender Leadership Summit	CA	Мау
Minnesota Trans Health & Wellness Conference	Minneapolis, MN	Мау
<u>Esprit</u>	Port Angeles, WA	Мау
Philadelphia Trans-Health Conference	Philadelphia, PA	June
Be-All	Chicago, IL	June
<u>Sparkle</u>	Manchester, UK	July
TransOhio Conference	Columbus, OH	August
Gender Odyssey	Seattle, WA	August
WPATH Biennial Symposium	Location changes	September
Southern Comfort Conference	Atlanta, GA	September
Out and Equal	Location changes	October
Fantasia Fair	Provincetown, MA	October
Translating Identities Conference	Burlington, VT	October
Erie Gala	Erie, PA	November
Transcending Boundaries	Springfield, MA	November